

6th-8th Grade Boys/Girls COMBO WORKOUT

Advanced Offensive Skills and Shooting & Scoring Workout

Location: Avera Sports Center (85th & Minnesota)

Cost: \$159 Please pay online at time of registration.

Athletes will receive Warwick Workout Hoodie

Weekly Workouts are the foundation to be coming a skilled basketball player. The advanced offensive skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. We will also incorporate shooting and scoring drills each week focused on shooting footwork, shooting off the move, creating your own shot, reading screens and coming off screens. These drills will assist athletes to become a more effective shooter and scorer.

Sunday, January 8th
Sunday, January 15th
Sunday, January 22th
Sunday, January 29th
Sunday, February 5th
Sunday, February 12^h
Sunday, February 19st
4:00-5:30 pm
No Workouts Scheduled
4:00-5:30 pm
4:00-5:30 pm
4:00-5:30 pm

Register online at <u>www.warwickworkouts.com</u> Find your session under the register HERE tab

Contact Kris Warwick or Freddy Coleman with questions about workouts Email: warwickworkouts@gmail.com

Cell: (605) 391-6700 Kris or (605) 799-7827

WHERE CHAMPIONS TRAIN.